Resources	Where to access them	Notes on how I might use them
Emotional Literacy	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/Program/strategies.html • For feeling faces cards & charts→click on the blue tab "Teaching Social Emotional Skills" • For Book Nooks→click on the green tab "Book Nook" **Resource examples**: https://challengingbehavior.cbcs.usf.edu/docs/FeelingFaces_cards_EN-Blank.pdf https://challengingbehavior.cbcs.usf.edu/docs/FeelingFaces_Wheel.pdf https://challengingbehavior.cbcs.usf.edu/docs/FeelingFaces_chart_template.pdf https://challengingbehavior.cbcs.usf.edu/docs/booknook/BookNook_glad.pdf https://challengingbehavior.cbcs.usf.edu/docs/booknook/BookNook_mondayrain.pdf	
Controlling Anger & Impulse	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/Program/strategies.html • For Tucker Turtle books→click on the orange tab "Scripted Stories for Social Situations" • For the Turtle Technique handout, song & finger play, and other self-regulation tools→click on the blue tab "Teaching Social Emotional Skills" **Resource examples:** https://challengingbehavior.cbcs.usf.edu/docs/TuckerTurtle_Story.pdf https://challengingbehavior.cbcs.usf.edu/docs/TurtleTechnique_steps.pdf https://challengingbehavior.cbcs.usf.edu/docs/Smell-Blow.pdf https://challengingbehavior.cbcs.usf.edu/docs/Relaxation-Thermometer.pdf	
Problem Solving	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/Program/strategies.html (click on the blue tab "Teaching Social Emotional Skills") **Resource examples:** https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_problem-solving-steps_poster.pdf https://challengingbehavior.cbcs.usf.edu/docs/SocialEmotionalSkills_problem-solving-steps_wrist.pdf https://challengingbehavior.cbcs.usf.edu/docs/Solution_kit_cards_home.pdf https://challengingbehavior.cbcs.usf.edu/docs/Peer-Mediated-Skills.pdf https://challengingbehavior.cbcs.usf.edu/docs/problem-solving-notes.pdf	

Backpack Series	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/family.html (click on yellow tab "Backpack Connection") **Resource examples:** https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_behavior_whining.pdf https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_emotions_anger.pdf https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_routines_bedtime.pdf https://challengingbehavior.cbcs.usf.edu/docs/backpack/BackpackConnection_socialskills_turns.pdf	
Making Life Easier Series	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/family.html (click on orange tab "Making Life Easier" **Resource examples:** https://challengingbehavior.cbcs.usf.edu/docs/MakingLifeEasier_doctor.pdf https://challengingbehavior.cbcs.usf.edu/docs/life_easier_errands%20and%20tipcard.pdf	
Family Routine Guides	**Explore here:** https://challengingbehavior.cbcs.usf.edu/Implementation/family.html (click on gray tab "Schedules, Routines, and Transitions" **Resource examples:** https://challengingbehavior.cbcs.usf.edu/docs/RoutineSupportGuide_family_early-elementary.pdf https://challengingbehavior.cbcs.usf.edu/docs/RoutineSupportGuide_family_relationships-infants.pdf https://challengingbehavior.cbcs.usf.edu/docs/Routine_cards_home.pdf	

**You can also search for resources using a variety of filters here:
https://challengingbehavior.cbcs.usf.edu/resources/index.html

**Or check out community contributions from other folks implementing the Pyramid Model here:
https://challengingbehavior.cbcs.usf.edu/PyramidNation/Community/index.html

Resource list created by
South Carolina
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